

HERO



Hero is a collection of heroes, automatically aligned for everyone. Heavy, light, big and small people. By and large, a universal talent for everyday heroes. It has invisible technology which is an integral feature of the chair. Hero focuses on each owner individually, regulating its weight, as a result of its unique autofit-synchronous mechanism. From approx. 45-120 kg, everyone can fine-tune it how they want. From athletically hard to relaxingly soft, everyone's personal taste is catered for. As perceptive as Hero seems, it is present in its slim-line form. It looks agile and athletic with its slimline figure.



162H / 162HM

Swivel chair,
upholstered back,
autofit-synchronous mechanism,
4D T-armrests (optional),
black polyamide base



172H

Swivel chair,
mesh covered back,
autofit-synchronous mechanism,
4D T-armrests (optional),
black polyamide base



165H

Swivel armchair,
upholstered back,
autofit-synchronous mechanism,
headrest,
4D T-armrests (optional),
black polyamide base

Swivel armchair with headrest,
mesh covered back,
autofit-synchronous mechanism,
4D T-armrests (optional)



275H

HERO



Hero is available with upholstered and mesh-covered backrests. 21 fabric ranges with up to 10 colours each and three mesh colours make a huge selection and individual design possible. The mesh backs provide flexible adjustment to the back in all positions. The model is also available with optional T-armrests.



162H

Swivel chair, upholstery design, autofit-synchronous mechanism, 4D T-armrests (optional), air-pressure lumbar support (optional), brilliant silver aluminium base (optional)



172H

Swivel chair, mesh design, autofit-synchronous mechanism, 4D T-armrests (optional), seat depth adjustment astiv (optional), brilliant silver aluminium base (optional)





Autofit-synchronous mechaism: automatic weight adjustment adjusts the flexibility of the seat and backrest to the individual body weight and provides an ideal seating position and good feeling.



Well-positioning, the fine adjustment for the autofit-synchronous mechanism.



HERO



T-armrests, 4D adjustable in height, width and depth, rotatable.



Height and depth adjustable air-pressure lumbar support in the upholstery design.



The astiv seat depth adjustment effectively extends the seating area and thus the seating area for the thighs. The base of the backrest remains unaffected.



Height and depth adjustable mechanical lumbar support in the mesh design.

HERO



Cantilever frame,
upholstered back,
with arm pad,
stackable



550H



575H

Cantilever frame,
mesh covered back,
with arm pad



HERO ADJUSTED TO FIT ALL.



PRODUCT OVERVIEW

Office swivel chairs / Swivel armchairs



162H

Swivel chair,
upholstered back,
(armrests optional)

162HM

Swivel chair,
ESD antistatic,
medium height
upholstered back
(armrests optional)

172H

Swivel chair,
mesh covered back,
(armrests optional)

265H

Swivel armchair
with headrest,
upholstered back,
(armrests optional)

275H

Swivel armchair
with headrest,
mesh covered back,
(armrests optional)

Visitor chairs



550H

Cantilever frame,
upholstered back,
arm pad,
stackable

570H

Cantilever frame,
mesh covered back,
arm pad,
stackable

555H

Cantilever frame,
upholstered back,
arm pad

575H

Cantilever frame,
mesh covered back,
arm pad

Backrest height in cm (approx.)	65	65	65	65 / 91	65 / 91	50	50	50	50
Plastic colour black	•	•	•	•	•	•	•	•	•
Mesh in black / anthracite / orange	—	—	• / ◦ / ◦	—	• / ◦ / ◦	—	• / ◦ / ◦	—	• / ◦ / ◦
Black polyamide base	•	—	•	•	•	—	—	—	—
Aluminum base black / brilliant silver / polished	◦ / ◦ / ◦	• / ◦ / ◦	◦ / ◦ / ◦	◦ / ◦ / ◦	◦ / ◦ / ◦	—	—	—	—
Tubular steel frame: black / brillant silver / chromed	—	—	—	—	—	• / ◦ / ◦	• / ◦ / ◦	• / ◦ / ◦	• / ◦ / ◦
Autofit-synchronous mechanism with automatic weight adjustment and fine adjustment	•	•	•	•	•	—	—	—	—
Mechanical sprung column	◦	◦	◦	◦	◦	—	—	—	—
Seat depth adjustment – Aktiv	◦	◦	◦	◦	◦	—	—	—	—
Adjustable seat inclination	◦	◦	◦	◦	◦	—	—	—	—
Adjustable lumbar support, air-pressure	◦	◦	—	◦	—	—	—	—	—
Adjustable mechanical lumbar support	—	—	◦	—	◦	—	—	—	—
Headrest, height and depth adjustable, tiltable	—	—	—	•	•	—	—	—	—
4D T-armrests, adjustable in height, width and depth, rotatable	◦	◦	◦	◦	◦	—	—	—	—
2D T-armrests, adjustable in height and width	◦	◦	◦	◦	◦	—	—	—	—
Armrest pad fixed	—	—	—	—	—	•	•	•	•
Double castors hard / soft	• / ◦	• / ◦	• / ◦	• / ◦	• / ◦	—	—	—	—
Glides hard / soft	• / ◦	• / ◦	• / ◦	• / ◦	• / ◦	—	—	—	—
Felt glides	—	—	—	—	—	◦	◦	◦	◦

- Standard ◦ Option – not available

**FUNCTIONS AND
ADJUSTMENT FEATURES**

THE NEXT POSITION IS THE BEST

FROM THE SEATING SPECIALISTS

Fact: from an anatomical point of view ergonomics means movement because movement is a critical part of office health. It is a law of nature that effective work processes are one of the most important sources of value-added in the company. Back problems are the greatest causes of absenteeism. A good chair will not heal your back but it is good preventive medicine and eases the pain for those who already suffer. What does an Interstuhl chair do? The patient therapist offers support in each posture. It generates a feeling of well-being in all positions and brings measurable relief. Naturally, the courage to follow our philosophy of dynamic sitting has meant a break with all the old rules: majestic, immaculate and bolt upright is the new philosophy of doing it with gusto, reclining, lounging, looking out the window, concentrating. "You can sit however you want. Just sit on the right chair." Each

new product development with leading research institutes reconfirms this and it is substantiated by scientific input. The result: Interstuhl chairs accommodate every posture so ergonomically that maximum support is ensured.



1. Autofit-synchronous mechanism

The tension of the backrest takes place automatically by weight and size of the user and can be fine-tuned.



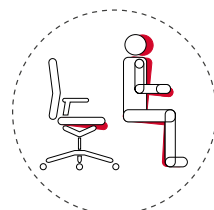
2. Mechanical sprung column

This ensures that the spine, which is very sensitive to vertical jolts, is not subjected to excessive loads when sitting down, even at the lowest seat height.



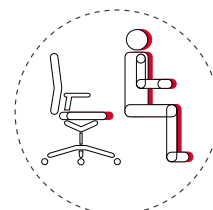
3. Adjustable seat inclination

Multiple adjustment of the seat in a forwards direction stops the pelvis from tilting back. This relieves the spine and avoids a poor posture.



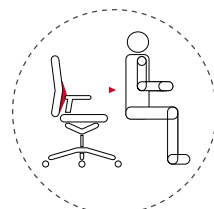
4. Seat depth adjustment – Aktiv

Regulates the distance between the backrest and front edge of the seat, thus providing optimum support for the upper thighs; even for taller users. When adjusting the aktiv setting, the back remains in the same position.



5. Adjustable lumbar support

The horizontally adjustable lumbar support adapts to the individual curve of the lumbar spine; this reduces the muscle strain.



6. Headrest

The neck and shoulder muscles are relieved by the headrest when you lean back.



Hero is automatisch ergonomisch en biedt het maximale comfort voor gezond zitten.

Dankzij de Autofit synchroon mechaniek past de tegendruk van de rugleuning en zitting zich automatisch aan de lichaamsgewichten van de verschillende gebruikers.

Hero kan intuïtief en makkelijk worden ingesteld en biedt daarom het maximale gebruiksvriendelijkheid.